

# PJW AREA XIV YOUTH CHAMPIONSHIP

Sunday, February 22<sup>th</sup> 2026

Entry Fee \$35

**Boys & GIRLS 8U, 10U, 12U**

7:30am Check-in/ 8:00am Start

**Executive Education**

**Academy Charter School**

555 Union Blvd, Allentown, PA 18109

**Weigh In:**

**Saturday, February 21<sup>st</sup> 2026**

**2PM to 4PM**

*Executive Education Academy*

**Tournament Director**

*Dan Reeves | Cell: 201.577.2215 | Email: area.pjw.14@gmail.com*

## AREA XIV CHAMPIONS:

- **The top three (3) Boys and the top (2) Girls** in each weight class advance to the PJW Youth State Championships on March 28–29 2026 at the Farm Show Complex in Harrisburg, PA.
- Advancing wrestlers must purchase the Area XIV uniform package (\$80 Cash only)
- Advancing Wrestlers must provide a copy of their birth certificate and their report card at qualifier tournament
- Advancing wrestlers will be given the advancement package (if available or emailed)

## FORMAT:

- **Boys** - Double elimination with awards for the top three finishers in each weight class.
- **Girls** – Double elimination (True Second) with awards for the top two finishers in each weight class.

**ELIGIBILITY:** MUST be full-time residents of **Northampton, Monroe, Carbon, Lehigh, or Schuylkill Counties**

**REGISTRATION:** All wrestlers must register online: <https://events.flowrestling.org/event/d3befce6-d732-45ff-a0b5-31c84ac459a4/summary>

## YOUTH DIVISIONS & WEIGHT CLASSES

G I R L S	8U	45	51	57	63	69	76	87	96	105						
	10U	56	63	70	78	86	94	102	110	120	135					
	12U	60	66	72	78	84	92	100	108	116	125	140	160			
B O Y S	8U	45	50	55	60	65	75	90	100	110						
	10U	55	60	65	70	75	80	85	90	95	105	120	135	150		
	12U	65	70	75	80	85	90	95	100	105	115	125	135	145	160	200

**A wrestler's age group classification is determined by his/her age on December 31, 2025.**

*EXAMPLE: A wrestler's 11th birthday is 1/1/2026. That wrestler competes in the 9-10 division.*

## RULES AND REGULATIONS

1. There is no weight allowance. Wrestle at a weight that you will be able to make for the Championships.
2. A wrestler cannot wrestle outside age group, unless wrestler weighs more than the heaviest weight in age group.
3. **8U, 10U** (1-1-1 periods), **12U** (1:30-1-1). **Consolations** (1-1-1 periods). **Overtime** (1-30-30-UTB) (1<sup>st</sup> point gets choice)
4. **HEADGEAR IS REQUIRED IN ALL PJW TOURNAMENTS.** Mouth Guards are required for participants with braces.
5. **AGE CHALLENGE RULE** - Challenger and Challenged must provide proof of age. Copies of birth certificates will be required of all Wrestlers to have at the Area XIV Tournament.

**NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS SPORTS MEDICINE ADVISORY COMMITTEE  
MEDICAL RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION**

Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Enrolled in \_\_\_\_\_ School \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Mark Location AND Number of Lesion(s)

Location AND Number of Lesion(s): \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_

Date Treatment Started: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_

Form Expiration Date for this Lesion (Note on Diagram(s)): \_\_\_\_/\_\_\_\_/\_\_\_\_

Earliest Date the Wrestler May Return to Participation: \_\_\_\_/\_\_\_\_/\_\_\_\_

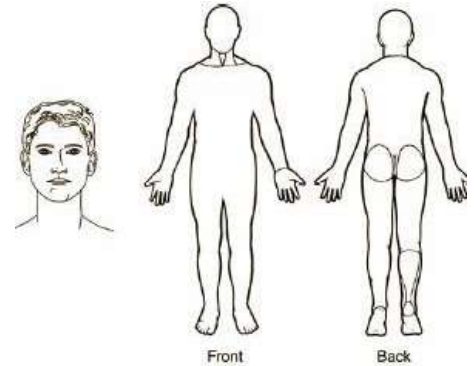
Treating Certified Physician Assistant, Certified Registered Nurse Practitioner,  
or Physician's Name (print/type): \_\_\_\_\_

License # \_\_\_\_\_

Address: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

Treating Certified Physician Assistant, Certified Registered Nurse Practitioner,  
or Physician's Signature: \_\_\_\_\_

Date of Exam: \_\_\_\_/\_\_\_\_/\_\_\_\_



Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

**Bacterial Diseases (impetigo boils):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

**Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

**Tinea Lesions (ringworm on scalp or skin):** Oral or topical treatment for 72 hours on skin and oral treatment for 14 days on scalp.

**Scabies, Head Lice:** 24 hours after appropriate topical management.

**Conjunctivitis (Pink Eye):** 24 hours of topical or oral medication and no discharge.

**Molluscum Contagiosum:** Upon treatment with curettage and hyfrecator, may cover with bioocclusive and wrestle immediately.

**NOTE TO TREATING CERTIFIED PHYSICIAN ASSISTANT, CERTIFIED NURSE PRACTITIONER, OR PHYSICIAN:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please become familiar with NFHS Wrestling Rules 4-2-3, 4-2-4, and 4-2-5, which states:

*"ART. 3 . . . If a participant is suspected by the referee or Coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the Coach shall provide current written documentation as defined by the NFHS or the state associations, from a licensed physician of medicine or osteopathic medicine (MD or DO) stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or Tournament. The only exception would be if a designated on-site meet licensed physician of medicine or osteopathic medicine (MD or DO) is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."*

*"ART. 4 . . . If a designated on-site meet licensed physician of medicine or osteopathic medicine (MD or DO) is present, he/she may overrule the diagnosis of the licensed physician of medicine or osteopathic medicine (MD or DO) signing the medical release form for a wrestler to participate or not participate with a particular skin condition."*

*"ART. 5 . . . A contestant may have documentation from a licensed physician of medicine or osteopathic medicine (MD or DO) only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."*

**Once a lesion is considered non-contagious, it may be covered to allow participation.**