

# PJW AREA XIV JUNIOR HIGH CHAMPIONSHIP

Sunday, February 22<sup>th</sup> 2026

Entry Fee \$35

## Boys & Girls Junior High

12:30pm Check-in/ 1pm Start

## Executive Education

### Academy Charter School

555 Union Blvd, Allentown, PA 18109

## Weigh In:

Saturday, February 21<sup>st</sup> 2026

2PM to 4PM

Executive Education Academy

## Tournament Director

Dan Reeves | Cell: 201.577.2215 | Email: area.pjw.14@gmail.com

### JUNIOR HIGH SCHOOL CHAMPIONSHIP:

- JH Boys – Top 4 Advance / JH Girls – Top 2 Advance
- JH State Championships will be held Feb 27<sup>th</sup> - Mar 1<sup>nd</sup>, 2026 (1<sup>st</sup> Summit Arena - 326 Napoleon Street, Johnstown, PA)
- Advancing wrestlers must purchase the Area XIV uniform (\$80 cash only)
- Advancing wrestlers must have a copy of their Birth Certificate.
- Weigh-in information will be included with the state tournament advancement package.

**ELIGIBILITY: MUST be full-time residents of Northampton, Monroe, Carbon, Lehigh, or Schuylkill Counties**

### RULES AND REGULATIONS:

1. Participants may only compete in one weight class.
2. Any wrestlers who are **listed on a High School roster are not eligible**.
3. 13-year-old 6<sup>th</sup> graders are eligible to compete in the JHS Championship.
4. 12-year-old 7<sup>th</sup> graders can compete in either the Youth or the JHS championship, but not both.
5. There is no weight allowance. PJW does not promote weight loss. Wrestle at a weight that you will be able to make at the later date of the State Championship Tournament. (Junior High State has 2 Weigh ins)
6. PJW rules will govern all matches except as follows:  
Champ Rds: 1½ - 1½ - 1½ / Consi Rounds: 1-1-1 / OT 1 - 30 - 30 - 30 ride out (1<sup>st</sup> point gets choice)
7. HEADGEAR IS REQUIRED IN ALL PJW TOURNAMENTS. Mouthguards are required for participants with braces.
8. AGE CHALLENGE RULE - Challenger and Challenged must provide proof of age. Copies of birth certificates will be required of all Wrestlers to have at the Area XIV Tournament.

**REGISTRATION:** All wrestlers must register online:

<https://events.flowrestling.org/event/d3befce6-d732-45ff-a0b5-31c84ac459a4/summary>

## JUNIOR HIGH SCHOOL DIVISIONS & WEIGHT CLASSES

GIRLS	82	89	96	102	107	112	117	122	127	133	140	150	164	182	222
BOYS	82	89	96	103	110	117	124	132	140	147	157	172	192	212	252

Only wrestlers enrolled in 6th (13 years or older), 7th, 8th or 9th grade that are eligible to compete as Middle School or Junior High School Wrestlers may participate. Home schooled, private and parochial school wrestlers are eligible provided they meet the PIAA requirements set forth for Middle School or Junior High School competition. Any wrestlers who are listed on a High School roster are not eligible. (12 year old 7th graders can compete in either the Youth or the JHS championship, but not both).

**NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS SPORTS MEDICINE ADVISORY COMMITTEE  
MEDICAL RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION**

Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Enrolled in \_\_\_\_\_ School \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Mark Location AND Number of Lesion(s)

Location AND Number of Lesion(s): \_\_\_\_\_

Medication(s) used to treat lesion(s): \_\_\_\_\_

Date Treatment Started: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Time: \_\_\_\_\_

Form Expiration Date for this Lesion (Note on Diagram(s)): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Earliest Date the Wrestler May Return to Participation: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Treating Certified Physician Assistant, Certified Registered Nurse Practitioner, or Physician's Name (print/type): \_\_\_\_\_ License # \_\_\_\_\_

Address: \_\_\_\_\_ Phone: (      ) \_\_\_\_\_

Treating Certified Physician Assistant, Certified Registered Nurse Practitioner, or Physician's Signature: \_\_\_\_\_ Date of Exam: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Below are some treatment guidelines that suggest **MINIMUM TREATMENT** before return to wrestling:

**Bacterial Diseases (impetigo boils):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

**Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum):** To be considered "non-contagious," all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

**Tinea Lesions (ringworm on scalp or skin):** Oral or topical treatment for 72 hours on skin and oral treatment for 14 days on scalp.

**Scabies, Head Lice:** 24 hours after appropriate topical management.

**Conjunctivitis (Pink Eye):** 24 hours of topical or oral medication and no discharge.

**Molluscum Contagiosum:** Upon treatment with curettage and hyfrecator, may cover with bioocclusive and wrestle immediately.

**NOTE TO TREATING CERTIFIED PHYSICIAN ASSISTANT, CERTIFIED NURSE PRACTITIONER, OR PHYSICIAN:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please become familiar with NFHS Wrestling Rules 4-2-3, 4-2-4, and 4-2-5, which states:

*"ART. 3 . . . If a participant is suspected by the referee or Coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the Coach shall provide current written documentation as defined by the NFHS or the state associations, from a licensed physician of medicine or osteopathic medicine (MD or DO) stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or Tournament. The only exception would be if a designated on-site meet licensed physician of medicine or osteopathic medicine (MD or DO) is present and is able to examine the wrestler either immediately prior to or immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate."*

*"ART. 4 . . . If a designated on-site meet licensed physician of medicine or osteopathic medicine (MD or DO) is present, he/she may overrule the diagnosis of the licensed physician of medicine or osteopathic medicine (MD or DO) signing the medical release form for a wrestler to participate or not participate with a particular skin condition."*

*"ART. 5 . . . A contestant may have documentation from a licensed physician of medicine or osteopathic medicine (MD or DO) only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation."*

Once a lesion is considered non-contagious, it may be covered to allow participation.

